

# Planning A Trip Outside of the United States

## CDC News: Up to 70% of International Travelers Get Sick On Their Trip.

### Prevent Sickness With A Travel Medicine Appointment

Georgia Tech students, faculty, and staff can receive individualized travel counseling and recommendations for medications specific to their international travel itinerary at Stamps Health Services.

Some travel vaccines and other medications require a prescription and need time to work before you travel.

Schedule the appointment at least 4-6 weeks before traveling for maximum effectiveness.

### Schedule A Travel Medicine Appointment At Stamps

Download the request form - <http://health.gatech.edu/services/Pages/Travel.aspx>

Fax the completed form, copy of GT ID, and any previous immunization information to 404-894-6254, or bring the form to Stamps Immunization Clinic (bottom floor Room 128).

You will be contacted to set up two appointments- one with a provider in Primary Care Clinic and one in the Immunization department.

There is a \$70 late fee for being late or missing the appointments. Appointments should be cancelled or changed at least 24 hours in advance.

### What are appointment costs?

For Ga. Tech students: the first appointment for medical counseling with a doctor or physician's assistant is covered by your Georgia Tech student health fee.

For faculty/staff, and students who don't pay a health fee: the provider visit costs \$75-\$225 depending on the length of visit, condition of health, and number of countries being visited.

Immunizations and medications incur charges over the cost of the provider visit. A list of prices can be found at <http://health.gatech.edu/services/Pages/Travel-Clinic-Price-List.aspx>. While Stamps maintains the lowest prices possible, prices are subject to change without notice.

Payment is expected at time of the appointment

Credit Cards and Buzz Card are accepted payment methods

### What about insurance?

The only insurance accepted for appointments for students is the Georgia Tech Blue Cross Blue Shield Student Health Insurance Plan (SHIP). Stamps does not file for other insurance companies except for limited coverage in the Stamps pharmacy. Prescriptions may be transferred to other pharmacies. You will want to check your insurance coverage before your pre-travel visit as well as coverage in your travel destination.

### What if I am not a student, covered spouse, or employee of Georgia Tech?

Stamps Health Services cannot provide travel visits for people who are not affiliated with Georgia Tech.

### What if I want a travel appointment somewhere other than Stamps?

Stamps Health Services wants you to be healthy on your trip. If you can't get an appointment at Stamps due to increased demand or inconvenient timing or have insurance coverage that may work elsewhere, a partial list of other travel providers can be found at <http://wwwnc.cdc.gov/travel/page/find-clinic/>.

Insurance coverage for any service varies according to your policy. Call your insurance company before visiting any healthcare provider to find out coverage and if you are covered while traveling abroad.

### Before The Appointment

You may eat and drink before this appointment. Check in at the front desk kiosk 15 minutes before your appointment.

Bring your CDC International Certificate of Vaccination (Yellow Card) with you if you already have one. If not, one will be provided at your appointment at no extra cost.

Sign in your car at the front desk if you park in the Stamps Health Center lot, adjacent to the health center. You will need to know your license plate number.

Check in at the computer kiosks to the right after you enter the front entrance. You will be directed to the Gold or Blue Clinic.

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### Seeing the Doctor or Physician's Assistant

Check in at the Blue or Gold clinic window and take a seat in the waiting room.

You will be called into the exam room and prepared for the visit by a medical assistant.

A doctor or physician's assistant will examine you, review your past medical history and previous immunizations, ask for details about your planned activities and itinerary, and provide travel advice specific to your itinerary, write prescriptions for medications and vaccines, and answer your questions.

You will receive written recommendations for safe travel and a CDC International Certificate of Vaccination (Yellow Card) if you do not already have one.

You will then go to your second appointment in the Immunization Clinic.

### Getting Vaccines and Medications

Go to room 128 - the Immunization Clinic. Check in at the desk.

You will be provided with information regarding the vaccines prescribed.

Give your yellow card to the nurse to document shots. The nurse will assist you in completing the yellow card.

The nurse will verify with you which immunizations you wish to receive that were prescribed for you and complete an immunization prescreening form.

If time before travel allows, you can schedule multiple appointments for immunizations.

After injections, you will be asked to wait 30 minutes within Stamps Health Services to monitor for any adverse reactions.

Please take this into account when planning activities after your visit.

The nurse will provide you with documentation of your vaccinations.

You can go to the pharmacy to fill prescriptions (some outside insurance taken, verify coverage in advance). The pharmacist may provide specific information regarding travel prescription management.

### Questions?

Contact Stamps Health Services at 404-894-1422 or Immunization Clinic at 404-385-4995.

Other Useful Travel Links To Plan Your Trip:

ISTM (International Society For Travel Medicine) [www.istm.org](http://www.istm.org)

US Department of State / Students Traveling Abroad <https://travel.state.gov/content/studentsabroad/en.html>

Centers of Disease Control and Prevention Travel <http://wwwnc.cdc.gov/travel/destinations/list>